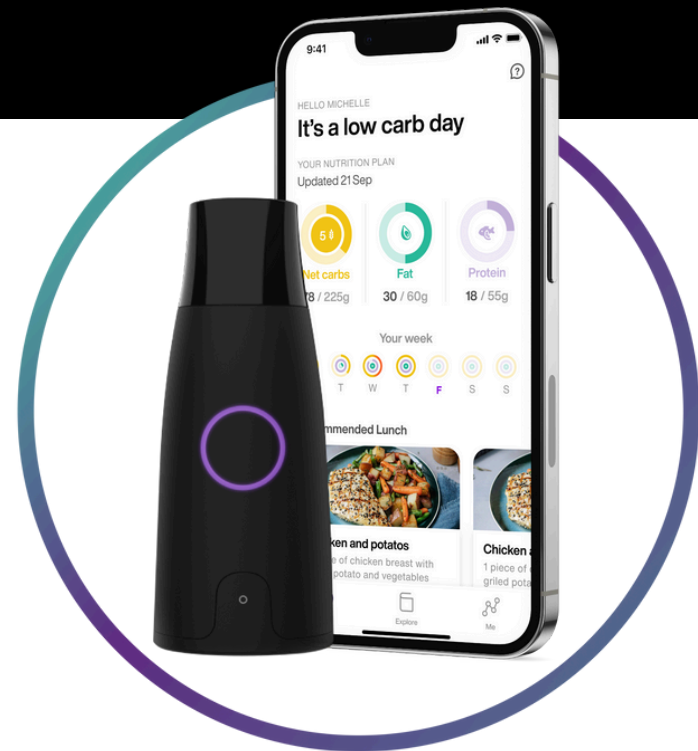


UNCOVER YOUR METABOLIC POWER WITH LUMEN

Dear Valued Patients and Friends,

We're excited to introduce you to an innovative tool that can help you take charge of your health: the Lumen device! This handheld, breath-analysis technology is designed to give you real-time insights into your metabolism, allowing you to make informed choices about your nutrition and lifestyle.



What is Lumen?

Lumen measures whether your body is primarily burning carbohydrates or fats by analyzing your ^{Body} breath. Within moments, you'll receive personalized feedback that can guide your dietary and exercise decisions, helping you achieve your health goals.

[Learn More About Our Wellness Program.
Click Here.](#)

WHY UNDERSTANDING YOUR METABOLISM MATTERS



Understanding how your body metabolizes food is crucial for your overall health. Here's why:

- **Personalized Nutrition:** Knowing your metabolic state helps you choose the right foods that align with your goals –be it weight loss, muscle gain, or improved energy levels.
- **Stay Motivated:** Real-time insights can inspire you to make lasting changes. Seeing how your body responds encourages commitment to your health journey.
- **Empowerment:** By understanding your unique metabolic needs, you'll feel more in control and engaged in your health choices.

Connecting the dots

Lumen can show you how your fitness,
sleep and stress impacts your body



HOW CAN LUMEN HELP YOU?



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Integrating Lumen into your wellness journey offers numerous benefits:

- **Tailored Guidance:** Get customized dietary recommendations based on your metabolism, making it easier to achieve your specific goals.
- **Enhanced Performance:** If you're an athlete or fitness enthusiast, Lumen can help you fine-tune your nutrition to maximize your training outcomes.
- **Holistic Health:** Lumen works alongside other elements of our wellness program, such as supplements and peptides, to provide a comprehensive approach to your well-being.

Your Path to Wellness

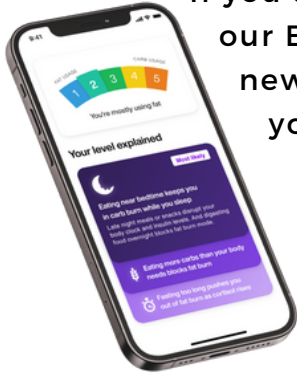
At Austin Plastic Surgeon, we believe that understanding your body is key to improving your health. By using Lumen, we aim to empower you with the knowledge and tools necessary to optimize your wellness journey.

If you're interested in learning more about how Lumen can benefit you, or if you'd like to schedule a session, please don't hesitate to reach out. We're here to support you every step of the way!

Warm regards,
The Team at
Austin Plastic Surgeon

INTRODUCING OUR

Biohacking Bundle

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If you are wanting to truly invest in yourself and into our Biohacking Beyond Beauty program, we have great news for you! We now offer an all-in-one package designed to elevate your wellness journey and optimize your health.

At Austin Plastic Surgeon, we believe that beauty goes beyond appearance; it encompasses your overall well-being.

Here's what it includes:

The Lumen Device and 12-month Subscription: The Lumen device measures your metabolism in real time by analyzing your breath. With a one-year subscription, you'll receive personalized insights that guide your nutrition and exercise, helping you make informed decisions about your health.

PhenoType Testing: Gain a deeper understanding of your unique biological makeup with our phenotype test. This assessment provides insights into your genetic predispositions, helping us tailor your wellness plan to fit your individual needs.

Bloodwork: Our HealthCheck panel is a comprehensive blood work panel that will assess key health markers, providing valuable data about your overall health. This information is essential for making informed decisions and tracking your progress throughout your wellness journey.

ShapeScale Scans: Stay on track with monthly ShapeScale scans, which provide a detailed analysis of your body composition, including weight, muscle mass, and fat percentage, helping you visualize your progress. This package includes 10 scans in a 12-month period.



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- \$100 OFF A VIAL OF SCULPTRA
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- 20% OFF SOFWAVE
- 20% OFF EON
- \$500 OFF EACH 25CC PACKAGE OF ALLOCLAE
- \$50 OFF ONE MONTH OF SKINNY SHOT (SEMAGLUTIDE/TIRZEPATIDE)

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TOTAL TRANSFORMATION

BY DR. FRANCO

HD LIPOSUCTION | GLUTEAL IMPLANTS | RIB REPOSITIONING

WATCH THIS TOTAL BODY TRANSFORMATION WITH DR. FRANCO!

Get an exclusive behind-the-scenes look at a comprehensive body transformation surgery! This procedure includes liposuction of the abdomen, inner thighs, back, and flanks to remove unwanted fat and reshape the body's silhouette. We also perform fat transfer to the butt and hips, enhancing the area with a natural lift, along with butt augmentation using silicone implants. The combination of implants and fat transfer creates more volume and improves overall shape. Watch as Dr. Franco performs rib repositioning, a procedure designed to shrink the waist by up to 4 inches, targeting the 10th, 11th, and 12th ribs to enhance waist contour. Dr. Franco completed this surgery with high-definition liposuction, which sculpts the abdomen with precision, defining natural muscle tone for a truly sculpted look.

[CLICK HERE TO WATCH](#)



PHENOME TESTING

HUNGRY
BRAIN



HUNGRY
GUT



EMOTIONAL
HUNGRY



SLOW
BURN



STRUGGLE WITH WEIGHT GAIN? INTRODUCING PHENOTYPE TESTING

Discover the future of personalized wellness with PhenoType Testing! Follow along as Dr. Franco explains this groundbreaking assessment that dives deep into your unique genetic makeup—analyzing how your body processes nutrients, responds to exercise, and reacts to medications. Through comprehensive genetic analysis, you'll gain insights into your metabolism, hormone levels, and predispositions to various health conditions. With personalized nutrition and exercise plans, optimized treatments, and early health risk detection, PhenoType Testing offers a tailored approach to weight loss and wellness. Plus, stay tuned as Dr. Franco shares his own test results at the end of the video. Move beyond one-size-fits-all solutions and unlock the power of your genetics for long-term success!

[CLICK HERE TO WATCH](#)

LUXURY LEGS

Combining Aveli & Vivace

BY SARAH VIEBROCK



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LUXURY LEGS TREATMENT!

Ready to say goodbye to cellulite and loose skin on your butt and thighs? Join Nurse Sarah, our cellulite expert, to learn about our Luxury Legs package combines the power of Aveli and RF Microneedling to give you the smooth, sculpted look you've been dreaming of. Aveli, a one-time, in-office treatment done while awake with local numbing, targets cellulite at its source. And to further tighten and firm the skin, your first RF Microneedling session can be done on the same day—followed by two more spaced 4-6 weeks apart. But that's not all! We love pairing this with biostimulators like hyperdilute Radiesse or Sculptra for even greater collagen stimulation and skin tightening. Plus, enhance your results with EON to reduce fat in the love handle area or our signature tweak treatment of HD Radiesse to fill those hip dips with 20 syringes. Want even more volume? Try our newest treatment using processed donor fat for next-level hip dip correction. It's time to invest in your best legs ever!

[CLICK HERE TO WATCH](#)